



Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



INSTITUTIONAL RESEARCH COMMITTEE FOR CONCEPTUAL AND EXPERIMENTAL STUDIES

As per the guidelines notified in the Gazette of India, National Commission for Indian System of Medicine Dated 4th October 2024. The Research Committee is reconstituted as follows

Amendment Date:15.01.2025

Composition

Sr. No.	Name of the Teachers	Designation
1.	Dr. Ragini Patil	Chairman
2.	Dr. Yogini kulkarni	Member Secretary
3.	Dr. Meenal Lad	Coordinator
4.	Dr. Yogita Jamdade	Member
5.	Dr. Swati Chobhe	Member
6.	Dr. Prashant Tople	Member
7.	Dr. Sharada Chikurte	Member
8.	Mr. Krushna Kore (Biostatistician)	Member
9.	Dr. Yogesh Kutte	Member
10.	Dr. Shweta Ghode	Member




Principal
P.D.E.A.S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044



Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



INSTITUTIONAL RESEARCH COMMITTEE FOR CLINICAL STUDIES

As per the guidelines notified in the Gazette of India, National Commission for Indian System of Medicine Dated 4th October 2024. The Research Committee is reconstituted as follows

Amendment Date: 01/04/2026

Composition

Sr. No.	Name of the Teachers	Designation
1.	Dr. Ragini Patil	Chairman
2.	Dr. Yogini Kulkarni	Member Secretary
3.	Dr. Meenal Lad	Coordinator
4.	Dr. Arti Firke	Member
5.	Dr. Jayant Phadke	Member
6.	Dr. Anjali Jadhav	Member
7.	Dr. Rupali Khobragade	Member
8.	Dr. Varsha Sane	Member
9.	Dr. Madhavi Deodas	Member
10.	Dr. Madhavi Banarase	Member
11.	Dr. Chandana Virkar	Member
12.	Dr. Rajesh Mhaske	Member
13.	Mr. Krushna Kore (Biostatistician)	Member
14.	Dr. Maya Gokhale	Member
15.	Dr. Shweta Ghode	Member



Principal
P.D.E.A.S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044



Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



Institutional Research Committee

1- Institutional Research Committee for Clinical Studies

2- Institutional Research Committee for Conceptual and Experimental Studies

Strategic Plan and Operational Framework

1. Introduction

The Institutional Research Committee (IRC) is constituted to promote, coordinate, monitor, and regulate research activities within the institution in accordance with national regulatory standards and ethical research practices. The committee serves as a central body for fostering a culture of scientific inquiry, evidence-based practice, and academic excellence among faculty members, postgraduate scholars, and undergraduate students.

The IRC functions as an advisory and supervisory body to ensure that research activities are conducted systematically, ethically, and in compliance with the regulations laid down by statutory authorities, including the **National Commission for Indian System of Medicine (NCISM)** and other relevant regulatory bodies.

The committee plays a crucial role in strengthening research capacity, facilitating interdisciplinary collaboration, enhancing publication quality, and supporting innovation in traditional and contemporary healthcare sciences.

2. Vision

To establish a robust research ecosystem that promotes high-quality, ethical, and impactful research aligned with national healthcare priorities and institutional academic goals.

3. Mission

- To promote scientific research and innovation among faculty and students
- To ensure ethical and regulatory compliance in research activities
- To enhance research output, publications, and academic excellence
- To develop institutional research capacity and infrastructure
- To align research priorities as per NCISM guidelines

4. Aims

The Institutional Research Committee aims to:

1. Promote a structured and systematic research culture within the institution
2. Facilitate planning, execution, and dissemination of research activities
3. Encourage interdisciplinary and collaborative research
4. Support evidence-based practice in healthcare education and clinical services
5. Enhance the quality and quantity of research publications
6. Strengthen institutional research governance and monitoring systems





Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



5. Objectives

The objectives of the Institutional Research Committee are to:

1. Develop and implement institutional research policies and guidelines
2. Review and monitor research proposals and projects
3. Facilitate faculty and student research activities
4. Promote research methodology training and capacity building
5. Encourage publication in peer-reviewed indexed journals
6. Maintain research documentation and records
7. Review Clinical research cell activities
8. Monitor research progress and outcomes
9. Facilitate funding applications and research grants
10. Align Thrust area of research as per NCISM guidelines
11. Promote innovation and evidence-based healthcare practices
12. Ensure compliance with regulatory and ethical requirements
13. Strengthen collaboration with academic and research institutions
14. Support student research and dissertation activities

6. Scope of the Institutional Research Committee

1. Promotion of research culture within the institution
2. Development of institutional research policies and strategic plans
3. Coordination of research projects and academic research activities
4. Monitoring progress of ongoing research projects
5. Facilitation of research training and workshops
6. Documentation and maintenance of research records
7. Promotion of interdisciplinary and collaborative research
8. Ensuring adherence to ethical and regulatory standards
9. Encouraging innovation and evidence-based clinical practice
10. Supporting publication and dissemination of research findings
11. Monitoring research performance indicators
12. Strengthening research infrastructure and capacity

The thrust area of research in the institution shall be selected and periodically reviewed in accordance with the guidelines issued by the National Commission for Indian System of Medicine (NCISM) and other relevant regulatory authorities.

7. Roles and Responsibilities of the Institutional Research Committee

The Institutional Research Committee shall:

1. Develop institutional research policies and guidelines
2. Review research proposals and ensure scientific validity
3. Monitor research progress and provide guidance
4. Promote ethical conduct in research
5. Facilitate research training and capacity building
6. Encourage faculty and student participation in research
7. Maintain research records and documentation





Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



8. Support research funding and grant applications
9. Promote publication and dissemination of research findings
10. Evaluate research performance and outcomes
11. Coordinate research-related institutional activities
12. Ensure compliance with regulatory requirements

8. Responsibilities of Individual Members

Chairman

The Chairman shall:

- Provide leadership and strategic direction to the committee
- Preside over committee meetings
- Approve research policies and strategic plans
- Ensure effective functioning of the committee
- Facilitate institutional research development

Member Secretary

The Member Secretary shall:

- Coordinate committee activities
- Prepare meeting agendas and documentation
- Maintain records of meetings and decisions
- Communicate committee decisions to stakeholders
- Monitor implementation of research policies
- Ensure regulatory compliance

Coordinator

The coordinator shall:

- Assist in organizing research activities
- Monitor research progress and documentation

Members

The Members shall:

- Participate in committee meetings and discussions
- Review research proposals and provide feedback
- Support implementation of research activities
- Promote research culture within departments
- Assist in monitoring research progress
- Contribute to research planning and evaluation

Biostatistician

The Biostatistician shall:

- Provide statistical guidance for research design and methodology
- Assist in sample size calculation and data analysis
- Support interpretation of research findings
- Ensure statistical accuracy in research studies





Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



External Member

The External Member shall:

- Provide independent expert advice
- Contribute to research quality assurance
- Support institutional research development
- Facilitate academic and research collaboration

9. Meeting Procedures

The Institutional Research Committee shall conduct meetings periodically to review research activities and ensure effective implementation of research policies.

Frequency of Meetings

The committee shall meet:

- At least once every three months
- OR
- As required based on research activities

Quorum

The quorum for the meeting shall be:
Minimum 50% of committee members

Including either:

Chairman

OR

Member Secretary

Documentation

The following records shall be maintained:

- Meeting notice
- Agenda
- Attendance sheet
- Minutes of meeting
- Action Taken Report (ATR)

10. Strategic Plan for Research Development

The Institutional Research Committee shall implement a structured strategic plan to strengthen research capacity and productivity.

1. Encouraging innovation and patents
2. Aligning research priorities



hr *autika*
Principal
P.D.E.A.S.
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.



Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook-acrc_akurdi@pdeapune.org



Institutional Research Committee Achievements

During the academic year January 2025 to December 2025, the Research Cell actively promoted research culture, innovation, and scientific inquiry among students and faculty. Major achievements are summarized below:

1. Research Grants and Funding

- Three STRG (Short-Term Research Grant) projects were sanctioned during the year, with a total grant amount of ₹20,000 encouraging undergraduate and postgraduate research initiatives.

2. Research Training and Capacity Building

- Basic Research Methodology Workshop was organized for PG students & Teachers on 15th -17th April 2025
- Three-day hands-on training workshop on Synopsis Writing was successfully organized for 2nd semester PG students of all departments on 18th, 23rd, and 24th June 2025.
- Two-day workshop titled "Ignite Innovation: Harnessing Patents for Impact" focusing on Innovation and Intellectual Property Rights (IPR) and Patent Writing was conducted on 28th and 29th August 2025.
- In collaboration with Rashtriya Ayurveda Vidyapeeth, New Delhi, a three-day national-level workshop on Research Methodology and Scientific Writing was organized from 6th to 8th October 2025, with participation of 50 delegates from across India.

3. Promotion of Student Research Projects

- Eight research proposals were submitted under CCRAS-SPARK (November 2025) from various departments, reflecting interdisciplinary and innovative research themes.

4. Innovation and Research Competitions

- In December 2025, eight student entries were submitted for the Avishkar Research Competition:

(Three dravyaguna, Three Swasthavritta, one Agad & one from Rachana Departments.)





Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook-acrc_akurdi@pdeapune.org



5. CCRAS-SPARK Research Proposals (November 2025)

Sr. No.	Student Name	Guide	Title	SPARK ID
1	Saniya Shirambekar	Dr. Sharada Chikurte	Pharmaceutico-Analytical Standardization and In-Vitro Anthelmintic Activity of <i>Bimbi Ghrita</i> on <i>Pheretima posthuma</i>	SPARK/2024/10508/2562
2	Prerna Kamble	Dr. Tate P. M.	Pharmaceutico-Analytical Study of <i>Rasamanikya</i> and Its Acute Toxicity Study in Albino Rats	SPARK/2024/7137/1818
3	Neha Oswal	Dr. Anuja Wadadekar	Study of Relation between Deha Prakruti and Lip Prints (Cheiloscopy)	SPARK/2024/8725/2682
4	Tamboli Ayush	Dr. Satyendra Singh	Development and Psychometric Validation of an Adaptive Digital Tool for Rapid Assessment of <i>Sapta Dhatu Sarata</i> Using Computerized Adaptive Testing (CAT)	SPARK/2024/10655/2654
5	Pranita Ghalsasi	Dr. Deepali Manore	Effect of Music Therapy on Anxiety among JEE and NEET Aspirants	SPARK/2024/10590/2769
6	Saniya Kalekar	Dr. Shweta More (Kutte)	Effect of Different <i>Rasa Sevana</i> on <i>Naadi</i> , Examined by <i>Naadi Tarangini</i> in Individuals Aged 19-25 Years	SPARK/2024/8828/2761
7	Malhar Gangale	Dr. Tate P. M.	Pharmaceutico-Analytical Study of <i>Guduchi Ghrita</i> with Special Reference to Tinosporin	SPARK/2024/10511/2553
8	Sohel Shaikh	Dr. Lad	Ethnobotanical Survey to Document Traditional Uses of Medicinal Plants in Management of <i>Kushta</i> by Local Healers in Pune District, Maharashtra	SPARK/2024/10611/2627

6. Overall Impact

- Strengthened research orientation and innovation mindset among students and faculty.
- Enhanced quality of research proposals, synopsis writing, and scientific documentation.
- Promoted integration of classical Ayurvedic concepts with modern research tools and methodologies.
- Established active collaboration with national research and academic bodies.



Dr. Anubha
Principal
P.D.E.A.S

College of Ayurved And Research Centre
Nigdi, Pune - 411 044.



Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

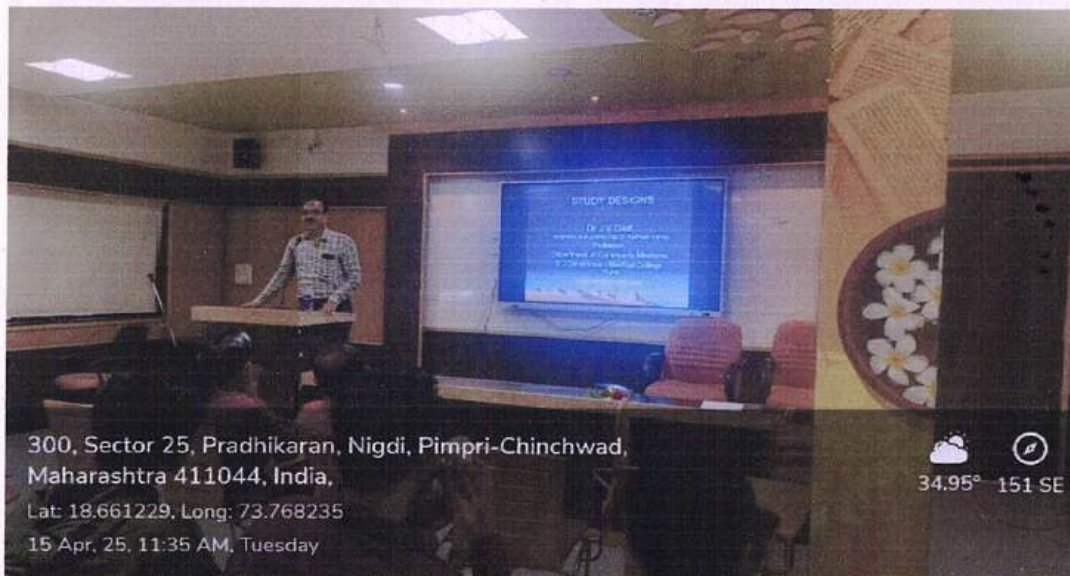
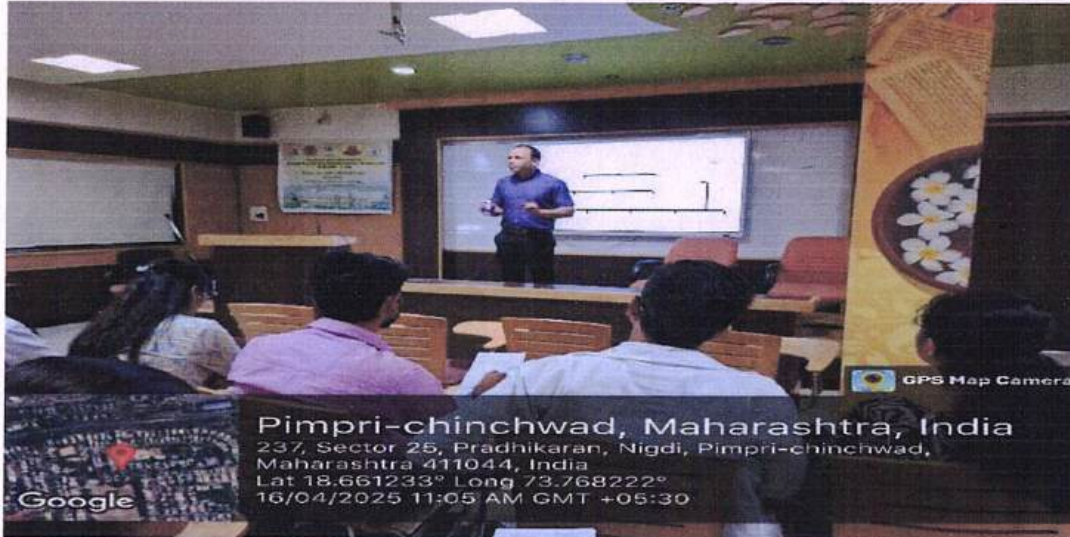
Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook-acrc_akurdi@pdeapune.org



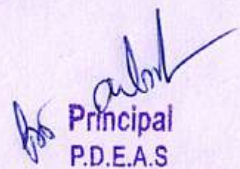
Basic Research Methodology Workshop -15th -17th April 2025



[Signature]
Principal
P.D.E.A.S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Three-day national-level workshop on Research Methodology and Scientific Writing - 6th to 8th October 2025




Principal
P.D.E.A.S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.